

HOT WEATHER RISK ASSESSMENT ADDENDUM:

This addendum is designed to be used alongside your standard Risk Assessment Method Statement (RAMS) during periods of elevated temperatures - typically above 24°C - or when official heat alerts are issued.

Its purpose is to help identify and manage the additional risks associated with working in hot weather conditions.

KEY RISK FACTORS AND CONTROLS:

Heat stress, dehydration, sunburn, reduced concentration, AND fatigue.

Increased risk of falls or accidents when working at height due to dizziness or overheating.

Delayed emergency response times, particularly when working in remote or rooftop locations.

RECOMMENDED ACTIONS:

Brief all team members at the start of each shift on heat-related risks and necessary precautions.

Ensure a ready supply of drinking water, access to shaded rest areas, and the use of PERSONAL PROTECTIVE EQUIPMENT (PPE) appropriate for hot weather.

Monitor the Met Office weather forecast and revise this addendum if extreme heat is expected.

Record any heat-related incidents or observations and use them to inform future RAMS updates.

Site / Project Name:

Date of Review:

Supervisor Name:

Signature:

PLEASE NOTE:

A **FULL DISCLAIMER** is provided on PAGE FOUR (4) of this document. It contains important information regarding the purpose, limitations, and permitted use of this guidance. All users are strongly advised to read it carefully before relying on the content.

BSGA TOOLBOX TALK :WORKING SAFELY IN HOT WEATHER:

This short Toolbox Talk is intended to raise awareness of the risks associated with working in high temperatures and to reinforce simple, practical steps signage installation crews can take to stay safe on site during hot weather.

Why This Matters:

Signage installers frequently work outdoors, often at height or in direct sunlight.

These conditions significantly increase the risk of heat stress, dehydration, and fatigue - all of which can impair judgment and coordination, increasing the likelihood of accidents or serious health issues.

Key Safety Messages:

Start early:

Where possible, schedule work to avoid peak heat (typically 3:00–6:00 PM).

Stay hydrated:

Drink cool water frequently throughout the day, not just when thirsty.

Take shade breaks:

Use shaded or air-conditioned areas to cool down regularly.

Dress smart:

Wear breathable, light-coloured clothing and appropriate sun protection, in line with site PPE requirements.

Apply sunblock:

Use SPF 30+ and reapply throughout the day, especially when sweating. Know the signs: Watch for symptoms of heat stress-headaches, dizziness, excessive sweating, fatigue, nausea, or confusion.

Buddy system:

Look out for one another and report any concerns immediately.

Discussion Questions:

Have you ever experienced symptoms of heat stress at work?

How did you respond?

Do you know where to access water and shaded rest areas on this site?

What steps would you take if a colleague appeared to be suffering from heat exhaustion?

Supervisors:

Please record attendance for this Toolbox Talk and retain it with site safety documentation

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BSGA TOOLBOX TALK :**WORKING SAFELY IN HOT WEATHER:**

Delivered By:

Date of Delivery:

Location / Site of Delivery:

Signature:

ATTENDNCE SHEET:

By signing below, I confirm that I have attended the **WORKING SAFELY IN HOT WEATHER TOOLBOX TALK**, understood the content discussed, and had the opportunity to ask questions.

	FULL NAME:	JOB TITLE:	SIGNATURE:	COMMENTS:
1				
2				
3				
4				

Team Leader Name:

Team Leader Signature:

Date filed within main health and safety system.:

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The British Sign and Graphics Association

Northgate Business Centre
Northgate
Newark



0845 338 3016

ask@uksigns.org

<https://uksigns.org/>

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